STANFORDVOTES

STUDENT TOOLKIT

LINKS
stanfordvotes.org
stanford.turbovote.org

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Here are four reminders for Stanford students to keep in mind during the 2020 election and whatever comes after, especially in the context of mental health.

THE FOUR REMINDERS

ELECTION NIGHT AND BEYOND

Be prepared for election results to filter in after Election Night (November 3). If you need resources to cope with this, please look at Counseling and Psychological Services (CAPS), The Centers for Equity, Community, and Leadership, Residence Deans or GLO Deans, wellness coaches, or the office of Religious and Spiritual Life.

SELF CARE IS NOT SELFISH

These are difficult times and this is an enormously difficult election. Take care of yourself. Limit doom scrolling and time on social media so that you get information you need without overextending yourself.

LEAN ON EACH OTHER

Lean on friends and allies and seek out spaces of acceptance. Be realistic about when you can take the lead and know when to follow - it allows others to lead and gives you the opportunity to take a break.

CONTINUE ON YOUR PATH TO SOCIAL JUSTICE, NO MATTER THE RESULT

Even after the election ends, there are multiple ways to remain involved in politics and government. Civic engagement is crucial to bettering our society, and there are many ways to participate that reflect your values. Choose hope over despair and turn that hope into action.
ABOUT US

StanfordVotes is a non-partisan, university-wide, student-run organization whose mission is to increase voter turnout among Stanford students. Formed in response to the low student voter turnout rates in 2014 and 2016, StanfordVotes engages with campus leadership and other stakeholders to help create a culture of civic engagement on the Farm. StanfordVotes is run through the Stanford in Government (SIG) Civic Engagement Branch in collaboration with the Haas Center for Public Service, and has partnerships with the Associated Students of Stanford University (ASSU) and the President’s Office.

During the 2018 election, volunteers encouraged Stanford community members to vote through tabling in White Plaza, a Party at the Post Office event, and registering people to vote in dining halls. In the 2018 election, based on these and other efforts, student turnout increased from 16.9% in 2014 to 42.7% in 2018. Since 2018, we’ve implemented an enrollment hold, which encourages students to register to vote (if eligible) before they’re allowed to sign up for classes. Despite the COVID-19 pandemic and the unprecedented nature of this year’s election cycle, we're aiming for even better numbers in 2020 through new partnerships and creative methods of digital engagement.

OUR VALUES

- **01 STUDENT-LED**
  Organized by Stanford students

- **02 NONPARTISAN**
  We stay politically impartial

- **03 UNIVERSITY-WIDE**
  We work with the ASSU, the President’s Office, the Haas Center, and other campus stakeholders